



# **2009 4-H Paws N Pals Dog Retreat August 14 - 16**

## **4-H Attendee and Adult Chaperone Information Packet**

4-H Paws N Pals Club of Allegany County introduces a new experience for dog lovers and 4-H'ers involved in the Dog Project. The Paws N Pals Dog Retreat will be held at the Allegany County Fairgrounds, where attendees will be "camping-in" the air conditioned multi-use building Friday, August 14<sup>th</sup> through Sunday, August 16<sup>th</sup>. This three-day retreat offers a wide range of dog related learning, workshops, seminars, social activities, crafts, and a chance to network with other 4-H dog lovers in the region. The 4-H Paws N Pals Club is very excited to offer this fabulous experience to our regional 4-H'ers. Our goal is to make this retreat an annual event.

### **What is 4-H Paws N Pals Dog Retreat?**

The 4-H Paws N Pals Dog Retreat is an opportunity to learn the most up-to-date positive reinforcement training techniques from dog training professionals. Our goal is to provide youth and teens with alternatives to choke chain training, which unfortunately, has remained the basis for a great deal of dog obedience programs. Our program introduces children to the positive effects of Tellington Touch (TTouch) and how it can improve your canine companion's life. TTouch alleviates common behavioral issues and can improve certain chronic health problems. The Dog Retreat will also introduce 4-H'ers to a variety of dog sports and competitions. Rally-O, Junior Showmanship, Agility, Flyball, Canine Freestyle, and Dog Quiz Bowl workshops will be offered at various levels to give attendees and their dogs the opportunity to see first hand how much fun you can have with your dog. We'll also be offering various seminars to teach attendees how to put their dogs to work. Therapy dog work is a wonderful community service project that 4-H'ers can become involved with on an individual basis as well as with an entire club. And what

would a 4-H event be without crafts, games, dog Olympics, great food, dog night at the movies and much more.

Why attend 4-H Paws N Pals Dog Retreat?

The major purposes of Dog Retreat are:

- To provide a high-quality educational experience for 4-H youth ages 8-18 and adults that work with them in area of dogs and dog related subjects;
- To promote 4-H as a leader in unique educational events for youth;
- To provide educational, recreational and social experiences for youth and teens that would not normally be available at a county level;
- To provide opportunities for youth and teens to develop their dog handling skills and their knowledge base about dog related subjects;
- To promote responsible pet ownership practices and principles;
- To introduce youth and teens to valuable dog related sports that can strengthen and build the relationship between dog and handlers;
- To enhance each attendee's sense of personal and social responsibility through an environment that fosters independence, accountability, decision-making and time management.

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## 2009 Dog Retreat Program Highlights

**Camp-In Set Up:** Attendees are invited to bring their sleeping bags, tents, and fashionable camping accessories to make our indoor camp-in fun. Each attendee will be assigned a designated area in one of our camp-in “neighborhoods”. Attendees are invited to decorate their neighborhood. Awards for the most unique, best dressed, and best representation of the outdoors will be given.

**Opening Assembly:** The opening event welcomes attendees to our event. We’ll have an introduction of retreat staff members and a get to know your fellow campers activity. We’ll go over the rules and we’ll go over everyone’s schedules.

**Dog Quiz Bowl:** Get into the fun of Dog Quiz Bowl. Played like Jeopardy, only with dog related questions, this team sport is sure to be a fun and educational practice for the Maryland State Dog Quiz Bowl Championship in October. We’ll have several practice sessions and culminate our knowledge with a Mini Dog Quiz Bowl on Sunday at our Dog Show and Exhibition. Ribbons and prizes will be awarded to our winning teams. Don’t miss out on the fun! Be sure and sign up for Dog Quiz Bowl.

**Seminars and Workshops:** Friday evening, Saturday, and Sunday morning will be jam packed with a variety of learning experiences, hands-on workshops and recreational sessions to teach a variety of dog related skills and knowledge to our attendees. Each session lasts 60 minutes. There are numerous subjects to choose from. You are sure to find something that will match you and your dog’s interests.

**Dog Retreat Multimedia Team:** Are you interested in photography or reporting? Volunteer to be a member of the 4-H Paws N Pals Dog Retreat Multimedia Team! The team will consist of photographers, reporters, and videographers who will provide conference updates for the 4-H Paws N Pals web site, and the Dog Retreat Dog Show and Exhibition on the last day. Sign up on the Dog Retreat Workshop Form.

**Dog Retreat Group Photo:** The entire group will come together for a group photo on Saturday night. Photos will be sent to each attendee to distribute to their local 4-H offices and media after the event.

**Parent’s Luncheon:** Parents are invited to have lunch with their 4-H’ers on Sunday afternoon at 12:00 PM.

**Dog Show and Exhibition:** Sunday at 1:00 PM parents and attendees are invited to attend our Dog Show and Exhibition featuring attendees, volunteers, our dog professionals, and of course, the dogs. We’ll have a mini dog show, Dog Quiz Bowl contest, and exhibition of various dog sports. If you and your dog have

a special trick up your sleeve, be sure and let us know so you can share it with the crowd. We'll also be giving out our Camp-In Neighborhood Awards and special attendee recognitions. Make sure Mom and Dad are here for the show!

## Registration Information

### Age Requirements & Handling Requirements:

- Any 4-H youth or teen, ages 8-18 years of age may attend.
- A 4-H youth or teen does not have to bring a dog to attend.
- Any 4-H youth or teen that does bring a dog, must be able to handle their own dog in multiple scenarios and situations.
- Dogs must be crate trained. Each dog attendee is required to have their own crate.
- Dogs must not have any separation anxiety issues. Dogs will be crated at various times throughout the event.

### Completing Dog Retreat Registration

To register, complete the 4-H Paws N Pals On-Line Registration Form, Health Form, 4-H Behavioral Expectation Form, Minor Waiver and Release Form or Adult Waiver and Release Form, Dog ID Form, and the Dog Retreat Workshop Form. If you are bringing a dog, you must include current rabies certificate and vaccination record with all the registration forms. The forms can be found on the 4-H Paws N Pals web site on the Dog Retreat page. Please email us or contact your local 4-H Educator or other staff in the Unit extension office if you have questions about the forms. Your payment may be made by credit card online through PayPal or by check. The completed and signed forms (and check if you are paying by check) must be mailed and received no later than August 3, 2009 to:

4-H Paws N Pals Dog Retreat Registration  
c/o Ms. Kim Butler  
531 Cumberland Street  
Cumberland, MD 21502

**Registration Deadline:** All registrations must be submitted to 4-H Paws N Pals no later than midnight Monday, August 3, 2009.

### Seminar, Workshop, and Recreation Registration

Registration for seminars and workshops is on a first registered-first assigned basis. The longer you wait to register, the less likely that you will get your top choices for your sessions. Be sure to return your Dog Retreat Workshop Form with your registration to 4-H Paws N Pals.

### Sleeping Assignments

Attendees will be divided into boy and girl groups. Attendees will be assigned a space in a "neighborhood" to set up their personal space. Each neighborhood will consist of up to 10 attendees. Attendees may bring a tent, air mattress, and other camping equipment. Attendees with dogs must bring a crate for their animal. Set up and decorating of neighborhoods will take place during check-in. More time for decorating neighborhoods will be allotted Saturday night. Attendees may request

who they would like to be with in their neighborhood. Please include names on your Dog Retreat Workshop Form.

#### Registration Fees

4-H Youth or Teen Registration – This category is for youth or teens enrolled in the 4-H program. Full 4-H Dog Retreat Registration fee of \$150 provides 2 nights lodging, 6 meals, 2 snacks, insurance, educational programs, recreation, facility use, a 4-H Paws N Pals Dog Retreat tee-shirt and a group photo. Contact your county/city extension office to find out if local scholarships are offered.

Maryland Cooperative Extension Staff and Volunteer Registration – Adult chaperones (4-H faculty, staff, and/or MCE volunteers) with responsibility for a county/city delegation pay a reduced registration fee of \$100 that provides 2 nights lodging, 6 meals, 2 snacks, insurance, educational programs, recreation, facility use, a 4-H Paws N Pals Dog Retreat tee-shirt and a group photo.

Once registered, no refunds will be offered.

#### Forms to Complete and Return with Registration:

These forms can be downloaded from the 4-H Paws N Pals web site on the Dog Retreat page. These forms must be completed and returned with Dog Retreat Workshop Registration.

- On-Line Registration Form
- Maryland 4-H Health Form
- Maryland 4-H Behavioral Expectations Form
- Maryland Minor Waiver and Release Form or Adult Waiver and Release Form
- Maryland Dog ID Form
- 4-H Paws N Pals Dog Retreat Workshop Form
- Current Rabies Certificate (if attending with your dog)
- Current Vaccination Record (if attending with your dog)

## **Special Opportunities for Dog Retreat Attendees**

**Dog Retreat Multimedia Team** – Are you interested in photography, reporting, or making videos? Volunteer to be a member of the Dog Retreat Media Team! The team will consist of 3-4 photographers, 3-4 reporters, and 3 videographers. You will work under the guidance of adult advisors. Your assignment will be to provide Dog Retreat updates for the 4-H Paws N Pals web site and to create the 2009 Dog Retreat video presentation for the closing exhibition. Youth and teens selected as photographers will need to bring a personal digital camera or borrow one from their local Extension office. Reporters do not need to bring any equipment. Videographers will need to bring a personal camcorder or borrow one from their local Extension office. Team members will be expected to complete assignments and routinely deliver their work to Teen Focus headquarters. It is possible that joining this team could limit your participating in particular events at Dog Retreat as you could be assigned to report on or photograph an event. All team members will be required to attend a mandatory training session on Friday, August 14<sup>th</sup>.

**Dog Retreat Neighborhood Leader** – Are you a take charge kind of person? Are you a natural born leader? Then you will want to volunteer to become a Neighborhood Leader. This is a special position among our attendees and it comes with a serious responsibility. As a 4-H Neighborhood Leader, you will act as the voice of your Neighborhood. Your fellow 4-H'ers will look to you to help them throughout their stay. You will look out for younger 4-H'ers and assist them with questions concerning their schedule, where things are located, who to talk to if there is a problem, etc. All Neighborhood Leaders will be required to attend a mandatory training session on Friday August 14<sup>th</sup>.

**Canine Good Citizen (CGC) Testing** - Canine Good Citizen certification through the AKC rewards dogs who have good manners at home and in public. The program focuses on responsible pet ownership for the person and basic good manners and obedience for the dog. The American Kennel Club's Canine Good Citizen certification program recognizes dogs that can display their knowledge of basic obedience moves and good manners. The Canine Good Citizen test consists of 10 different commands/actions that the dog/handler team must perform. All dogs that pass the 10-step CGC test receive a certificate from the American Kennel Club. The CGC test is being offered as an extra activity. Reservations must be made on your Dog Retreat Workshop Form to reserve a time slot. The Canine Good Citizen test is offered at an additional \$25.00. Passing the test is not guaranteed. If participants do not pass the test, no refunds are given.

**Therapy Dogs International (TDI) Testing** – If you have ever had the inspiration and drive to do therapy work with your dog, now is the perfect opportunity to get tested. TDI certification consists of the Canine Good Citizen test, a temperament test, and a number of commands/actions that the dog/handler team must perform related to therapy dog work. The TDI therapy dog test is being offered as an extra activity. Reservations must be made on your Dog Retreat Workshop Form to reserve a time slot. The TDI test (which includes the Canine Good Citizen test) is offered at an additional \$35.00. Passing the test is not guaranteed. If participants do not pass the test, no refunds are given.

## **4-H Paws N Pals Dog Retreat Seminars / Events**

Everyone at camp will participate in our group seminars and events. This list of topics and activities will cover a wide range of subjects all related to dogs. Please see the Seminar and Workshop Registration Form for a detailed explanation of each of the events listed here.

- Veterinarian Seminar
- Canine Freestyle Demo and Lecture
- Flyball Demo and Lecture
- K-9 Team Demo and Lecture
- Dog Olympics
- Tellington Touch Demo and Lecture
- Decorate your Neighborhood Contest
- Dog Show and Exhibition
- Dog Night at the Movies

## **4-H Paws N Pals Dog Retreat Workshops**

Our workshops are custom tailored to participant's interests and skill levels. The workshops you participate in will be chosen from your selections filled in on the Seminar and Workshop Registration Form.

- Obedience Class Beginner Level
- Obedience Class Intermediate Level
- Dog Quiz Bowl
- Make your own Dog Toys
- Junior Showmanship
- Rally-O
- Agility
- Grooming your Dog
- Canine Freestyle
- Make your own natural Dog Biscuits
- Carting with your dog
- Clicker Training
- Organized walk with your dog

# Maryland 4-H Paws N Pals Dog Retreat

## Code of Conduct and Expectations

The purpose of the 4-H program is the positive development of youth. We believe in creating a safe learning environment that encourages the four-fold development of a young person (i.e., Head, Heart, Hands, and Health). We expect all persons involved in 4-H (youth members, parents, teen/adult volunteers) to practice behaviors that foster the total development of youth. Each 4-H member and associated individuals participating in 4-H activities must accept the responsibility of creating a positive image that reflects 4-H ideals. Furthermore, the Maryland 4-H program recognizes that "CHARACTER COUNTS!" All 4-H participants should always strive to uphold the 6 Pillars of Character as described on page 10. In seeking uniformity in the conduct expected at 4-H programs/events, the Maryland 4-H Code of Conduct has been developed to provide a clear understanding of expectations. Participants and parents/guardians of teens must sign this form in order to participate.

In addition to the Maryland 4-H Code of Conduct behavioral expectations for Maryland 4-H programs and events, these specific expectations will be in place for the 4-H Paws N Pals Dog Retreat:

- For Dog Retreat, youth, teen and adult delegates are required to be in attendance at all scheduled programs, events, and activities. In addition, Dog Retreat attendees must be present for each evening's lights out chat with the supervising agent/volunteer by the time specified in the Dog Retreat program, unless under the supervision of a medical staff person.
- Curfew is to be followed as specified in the schedule for Dog Retreat.
- Failure to be in assigned locations may lead to dismissal from the 4-H event.
- Participants are expected to follow the directions of 4-H volunteers and paid staff. All 4-H'ers are under the supervision of the Extension faculty or staff member, Program Director, or MCE volunteer or other adult leader responsible for the Dog Retreat program/event.
- Financial responsibility for any damages caused by deliberate destruction will be assumed by the participant and/or parents/guardians. The same applies to the property and personal items of other participants.
- Participants should respect the privacy of others. For Dog Retreat, females are not allowed to visit male sleeping areas or areas designated for male occupancy, and males are not allowed in female sleeping areas or areas designated for female occupancy. The common camp fire area may be used by both male and female participants during designated times.
- Electronic and mechanical devices (ex: cellular phones, pagers, walkie-talkies, video games, radios, CD players, TV's, laptop computers, etc.) are not allowed at Dog Retreat programs/events unless they are needed as part of an organized 4-H program/event, or with authorization from the Extension faculty or staff member, Program Director, MCE volunteer, or other adult in charge of the 4-H program/event.

- For Dog Retreat, teens are not allowed to drive their personal vehicles once they arrive on site. All vehicles are to be parked in parking lot(s).
- Suggestive dancing is NOT appropriate at 4-H Dog Retreat
- Participants are expected to dress appropriately based upon the Maryland 4-H Dog Retreat Dress Code as outlined below: All delegates will dress neatly and appropriately for the scheduled activities. Upper and lower garments, undergarments and shoes will be worn at all times. Comfortable shoes are critical and recommended.

**Consequences** - Unacceptable behavior during a 4-H program/event (as defined within the Maryland 4-H Code of Conduct or through a review process by 4-H staff/volunteer) will result in consequences to the participant. Consequences may include:

Early release from this 4-H program/event without refund, (For Dog Retreat, youth, teens and adults who choose not to abide by the 4-H Code of Conduct will be subject to early release from Dog Retreat and will be required to return any scholarship money awarded to them)

- Restitution or repayment of damages
- Denial of future participation in the 4-H program/event at the local, regional, state and national levels for one or more years (as determined by the unit staff in charge of, or responsible for, the 4-H program/event)
- Forfeiture of financial support for a 4-H program/event
- Removal from 4-H offices held (if applicable), and
- Releasing the youth to the appropriate law enforcement agency and/or the proper authorities.

NOTE: Any conduct not specifically covered by this Code of Conduct, but deemed inappropriate by those responsible for the 4-H program/event will be viewed as a violation and appropriate action will be taken by the Dog Retreat organizers. If an infraction occurs, the person in charge of the 4-H program/event will provide appropriate communication to parents/guardians.

## **DRESS CODE**

The following dress code is expected:

**MALES - Sports Wear** –shorts, jeans and t-shirts (no holes or cutouts; no tank tops, no inappropriate language or graphics), appropriate sports attire for Dog Retreat workshops, seminars, and recreational activities. **Casual Wear** – sport shirts, polo shirts, slacks, and nice jeans or shorts. (Appropriate for Dog Retreat Exhibition)

**FEMALES - Sports Wear** – shorts, jeans and t-shirts (appropriate sports attire for Dog Retreat workshops, seminars, and recreational activities) **Casual Wear** – slacks, jeans, shorts or skirts with blouses, knit tops. (Appropriate for Dog Retreat Dog Show and Exhibition.)

## **CHARACTER COUNTS!\* at 4-H Teen Focus**

TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING, AND CITIZENSHIP — these six core ethical values, which the CHARACTER COUNTS!SM program calls "Pillars of Character," provides the basis for what Maryland 4-H stands for and what each member, leader and staff member should strive to practice.

These Six Pillars of Character should guide all Dog Retreat participants' conduct, both youth, teens and adults. These core concepts help us to distinguish right from wrong. In addition, the principles represented by these six pillars act as filters through which to make decisions. So, being trustworthy is not enough — we must also be caring. Adhering to the letter of the law is not enough — we must accept responsibility for our inaction. In holding others to be accountable---we must not forget to be compassionate. Character really does count! In personal relationships, at school, at the workplace, at 4-H Paws N Pals Dog Retreat – in life – who you are makes a difference. Character is not hereditary, nor does it develop automatically; you must consciously develop it.

So while you are at Dog Retreat and even after you leave, put your head, heart, hands and health into living by the Six Pillars of Character and the principles they represent.

Please Exhibit These Signs of Character at 4-H Paws N Pals Dog Retreat!

- Arrive on time for all seminars and invited speaker presentations. Take your seat in your designated area and stay in your seat until the program is completed.
- Arrive on time for all workshops and fully participate in the activities.
- Give the speaker your full attention. Treat them as you would want to be treated if you were speaking.
- Show appreciation to those people that have made your Dog Retreat experience special.
- Be respectful of your neighbors in the sleeping area. Loud talking or music may annoy others.
- Keep your neighborhood area neat and clean at all times.
- Be in your neighborhood area at the time set as curfew.
- Respect other people's property.
- Report disturbances or inappropriate behavior to your adult chaperone.

# Delegation Chaperones

1. The minimum delegate/adult ratio at Dog Retreat is 8:1. In cases where units have no adult accompanying their delegation, it is the responsibility of that unit to recruit the assistance of an adult from a neighboring unit to supervise the delegation. Units should work with each other to assure that every youth has an adult chaperone assigned – males for males, females for females. Please do not exceed the ratio of 8:1. It is necessary to list the adult chaperone for every delegate on the county/city delegation Dog Retreat Workshop Form for each participant.
2. An Orientation session will be held on Friday at 4:00 PM for adult volunteers and educators of Dog Retreat. This session is designed to help you learn the ins and outs of Dog Retreat quickly.
3. Chaperone orientation is very important. All adults are expected to attend this mandatory session at 5:00 p.m. on Friday evening. This session will review specific policies, schedules, and volunteer job assignments.
4. All adults at Dog Retreat share the following responsibilities:
  - Model and enforce the 4-H State CHARACTER COUNTS! Expectations, Code of Conduct with all Dog Retreat participants.
  - Be concerned for all delegates' health, safety, and well-being.
  - Serve as mentor to all Dog Retreat attendees and assist in the supervision of the unit delegation.
  - Ensure that all youth and teens attend and participate in Dog Retreat events, activities, assemblies, etc.
  - All adults share a responsibility to enforce the Dress Code. The Dress Code should be reiterated at the lights out chat each evening. If a delegate is not wearing appropriate clothing, please ask him/her to change clothes. If a delegate refuses to change clothes, please escort them to Dog Retreat headquarters for disciplinary action.
  - Participate in assigned volunteer responsibilities. Your presence and engagement in the jobs you have been assigned is critical to ensure the safety of the youth we are serving.

## **Roles of Dog Retreat Leadership Staff**

The overall role of the Dog Retreat Leadership Staff is to coordinate the event, supervise delegates and adults, be responsible for their health, safety, and well-being and to respond to situations in which delegates or adults have not followed the Dog Retreat Code-of-Conduct.

- The Dog Retreat Coordinator and Dog Retreat Adult Advisors are responsible for the programmatic functions of 4-H Dog Retreat.
- The Dean of Dog Retreat is the ultimate authority and decision-maker for all issues

related to attendee and adult Code of Conduct issues. The Assistant Dean of Dog Retreat supports the Dean, serves in their absence, and is in a learning mode in order to serve as Dean the following year.

**Roles of Dog Retreat Chaperones:**

Chaperones are responsible for conducting the nightly unit meetings and completing the delegate check-in procedures at the end of each day. Chaperones submit nightly report forms to Dog Retreat Leadership Staff. Chaperones also are to assist delegates in their charge with questions and needs they have. A specific list of Dog Retreat responsibilities will be mailed to all adult chaperones. Each chaperone is asked to accept one or more conference responsibility, to support the youth and teens in carrying out the conference program. These responsibilities include working with assemblies, seminars, workshops, recreation activities, service-learning, registration, headquarters, and more!

## **After You Have Registered But Prior To Your Departure For Dog Retreat:**

- Review the Dog Retreat welcome packet (will be emailed when registration is received) that includes an overview of the conference, campus map, and a list of items to pack.
- Review the Dog Retreat mission and purpose.
- Review the Dog Retreat schedule.
- Review the CHARACTER COUNTS! Dog Retreat Code of Conduct.
- Be sure of your travel arrangements.
- Dog Retreat participants will be responsible for a sleeping bag and/or air mattress (the floor is concrete) additional bed linens, pillow, pillow case, towels, and toiletries from home. In late summer, the temperature varies, so participants may wish to bring a fan, although the building is air conditioned.
- You may want to bring some pocket money. Dog Retreat participants will have the opportunity to shop in the Camp Store for dog related and 4-H related items. Obviously large sums of cash are not necessary or recommended.
- Feeding the Hungry – all delegates should bring 3 or more dog food items for the 4-H Paws N Pals Support of the Allegany County Animal Shelter project.

### **Upon Arrival at the Allegany County Fair Grounds**

Check-in – Friday, August 14<sup>th</sup> from 4:00 PM – 6:00 PM. Adult, youth, and teen participants will check-in individually. Each participant will be responsible for checking in and picking up a 4-H Paws N Pals Dog Retreat packet.

Meals will be provided in the multi-purpose room adjacent to the kitchen. The first meal will be a dinner on Friday, August 14<sup>th</sup> at 6:00 PM.

Lodging will be in the great room of the Multi-Use Building at the Fair Grounds. Your neighborhood area assignment will be given to you at check-in. Remember, no switching of areas once you arrive at Dog Retreat without permission from your adult chaperone and Dog Retreat staff.

4-H members and adult volunteers driving cars to Dog Retreat are to park in designated lots. Parking instructions will be emailed prior to your arrival. 4-H members are not to drive during the week. Note that this is mentioned in the Code of Conduct.

# **2009 4-H Paws N Pals Dog Retreat Schedule at a Glance (Subject to Change)**

Friday, August 14<sup>th</sup>

- 4:00 PM Check In / Decorate Neighborhoods
- 6:00 PM Orientation for Participants
- 6:30 PM Session 1 Workshops
- 7:30 PM Session 2 Workshops
- 8:30 PM Break & Take Dogs Out
- 9:00 PM Dog Night at the Movies & Snack
- 11:00 PM Get ready for bed
- 11:30 PM Lights Out

Saturday, August 15<sup>th</sup>

- 7:30 AM Organized Walk with your Dog
- 8:00 AM Breakfast & Take Dogs Out
- 9:00 AM Session 1 Workshops
- 10:00 AM Veterinarian Lecture
- 11:00 AM Session 2 Workshops
- 12:00 PM Lunch & Take Dogs Out
- 1:00 PM Session 3 Workshops
- 2:00 PM Canine Freestyle & Flyball Demo & Lecture
- 3:00 PM Session 4 Workshops
- 4:00 PM TBA

5:00 PM Dinner & Take Dogs Out  
6:00 PM Session 5 Workshops  
7:00 PM Session 6 Workshops  
8:00 PM K-9 Team Demo & Lecture  
9:00 PM Dog Olympics  
10:00 PM Practice with Dog Quiz Bowl Teams or Free Time  
10:30 PM Free Time / Snack  
11:00 PM Get ready for bed  
11:30 PM Lights Out

Sunday, August 16<sup>th</sup>

7:30 AM Organized Walk  
8:00 AM Breakfast & Take Dogs Out  
9:00 AM Session 1 Workshops  
10:00 AM Tellington Touch Demo & Lecture  
11:00 AM Session 2 Workshops  
12:00 PM Lunch with Parents & Take Dogs Out  
1:00 PM Dog Show and Exhibition – Parents & Friends are Invited  
3:00 PM Clean up / Break Down

## **2009 4-H Paws N Pals Dog Retreat Contact Information**

### 4-H Paws N Pals Adult Leaders

- Kim Merritt-Butler  
[KimButler@4-HPawsNPals.com](mailto:KimButler@4-HPawsNPals.com)
- Karen Haines  
[KarenHaines@4-HPawsNPals.com](mailto:KarenHaines@4-HPawsNPals.com)

### 4-H Paws N Pals Mailing Address:

531 Cumberland Street  
Cumberland, MD 21502

### 4-H Paws N Pals Web Site:

[www.4-HPawsNPals.com](http://www.4-HPawsNPals.com)